



APPETIZERS

CHEESE QUESADILLA

\$9

CHEESY TORTILLA WRAP PACKED WITH YOUR FAVORITE FILLING

ADD ACKEE (IN SEASON)

+\$2

ADD CHICKEN

+\$3

ADD SHRIMP

+\$4

ADD LOBSTER

+\$6

SOUP OF THE DAY

\$7

ASK YOUR WAITSTAFF FOR TODAY'S SPECIAL

CRISPY CALLALOO FRITTERS

\$8

SEASONED CALLALOO WITH ONIONS, GARLIC, THYME AND SCOTCH BONNET IN A FLOUR BATTER AND FRIED. SERVED WITH A SPICY MAYO DIP

BEER BATTERED FISH

\$13

SNAPPER FILLET SEASONED WITH JAMAICAN SPICES, DIPPED IN RED STRIPE BATTER & FRIED. SERVED WITH TARTAR SAUCE

SALADS

TOSSED SALAD

\$8

MIXED LETTUCE, SHREDDED CARROTS, BEETS, CUCUMBER & TOMATO WITH A TROPICAL VINAIGRETTE (GF)

BBQ CHICKEN SALAD

\$12

GRILLED CHICKEN BREAST MARINATED IN OUR HOUSE BBQ SAUCE SERVED ON A BED OF GARDEN GREENS (GF)

SMOKED MARLIN SALAD

\$14

A DELICIOUS BLEND OF LETTUCE, CUCUMBER, PICKLED ONIONS, TOMATOES, CAPERS AND SMOKED MARLIN STRIPS WITH A PEPPER JELLY VINAIGRETTE (GF)

GRILLED FISH SALAD

\$16

SUCCULENT SNAPPER FILLET SEASONED WITH JAMAICAN SPICES AND GRILLED SERVED ON GARDEN GREENS AND DRIZZLED WITH A TROPICAL VINAIGRETTE (GF)

LOBSTER SALAD (IN SEASON)

\$18

LOBSTER MEDALLIONS SERVED ON A BED OF LETTUCE, CUCUMBERS, CARROTS, TOMATOES, BELL PEPPERS AND BEETROOT WITH A CREAMY CITRUS DRESSING. SERVED WITH A SIDE OF WARM COCO BREAD.

GRILLED SHRIMP SALAD

\$16

TENDER JUICY GRILLED SHRIMP SERVED ON A BLEND OF LETTUCE, CUCUMBER, CARROTS, TOMATOES, BELL PEPPERS & BEETROOT, DRIZZLED WITH A MANGO VINAIGRETTE (GF)

WRAPS & TACOS

ACKEE & CALLALOO WRAP

\$9

SAUTÉED ACKEE AND CALLALOO SEASONED WITH JAMAICAN HERBS AND SPICES AND WRAPPED WITH MANGO CHUTNEY. (GF) + \$1

VEGETABLE WRAP

\$8

A MIX OF SEASONAL VEGGIES SAUTÉED WITH HERBS & SPICES, CARROTS, SHREDDED CABBAGE, PEPPERS & ONIONS (GF) + \$1

ESCOVEITCHED FISH WRAP

\$11

GRILLED SNAPPER FILLET TOSSED WITH PICKLED ONIONS, CARROTS AND PEPPERS (GF) + \$1

CURRIED PUMPKIN ROTI

\$8

PUMPKIN AND CHICK PEAS SAUTÉED WITH JAMAICAN HERBS AND SPICES AND SIMMERED IN CURRY COCONUT SAUCE (GF) + \$1

JAMAICAN JERK CHICKEN WRAP

\$10

CHICKEN TOSSED IN OUR HOUSE JERK SAUCE WITH ONIONS, CARROTS AND PEPPERS (GF) + \$1

JERKED CHICKEN TACO

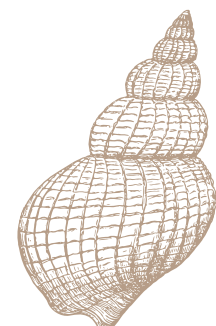
\$10

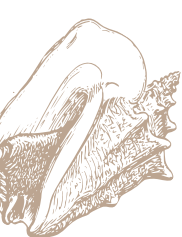
SHREDDED JERKED CHICKEN, TOPPED WITH PICKLED VEGGIES & DRIZZLED WITH JERK MAYO SAUCE

BBQ PORK TACO \$10

SHREDDED PORK, TOSSED IN A HOUSE BBQ SAUCE & TOPPED WITH PICKLED VEGGIES

Prices in US dollars. Additional 10% govt. tax and 10% service charge





BURGERS

SERVED WITH FRENCH FRIES

VEGETARIAN BURGER \$10
SEASONAL VEGETABLES, HERBS & SPICE
COMBINED TO CREATE A DELICIOUS & HEARTY
PATTY, DRESSED WITH LETTUCE, TOMATO &
MANGO CHUTNEY SAUCE

TENSING BURGER AND FRIES \$12
8 OZ BURGER BASTED WITH OUR HOUSE JERK
SAUCE & DRESSED WITH LETTUCE, TOMATO, &
ONION RINGS

CRISPY FRIED FISH BURGER \$13
8OZ SNAPPER FISH SEASONED TO PERFECTION,
DEEP FRIED & DRESSED WITH A TARTAR SAUCE,
TOMATO, LETTUCE & PICKLED ONION RINGS

3 B'S BURGER \$14
8 OZ BURGER COATED WITH BBQ SAUCE &
DRESSED WITH BACON & BLUE CHEESE, LETTUCE
& CARAMELIZED ONIONS



PIZZAS

MAKE YOUR PIZZA YOUR WAY

CHEESE PIZZA \$7

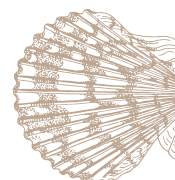
FRESH HOUSE MADE PIZZA DOUGH TOPPED WITH YOUR CHOICE OF

ADD JERK CHICKEN \$3

ADD SHRIMP OR LOBSTER \$5

ADD ACKEE \$4

ADD OLIVES, PINEAPPLE, ONIONS, MUSHROOM OR SWEET PEPPERS \$1.50 EACH



FROM THE GRILL

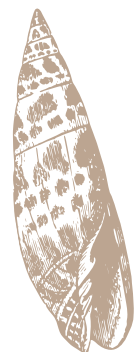
SERVED WITH TOSSED GREENS

GRILLED CHEESE SANDWICH \$8
WHOLE WHEAT BREAD PAN GRILLED WITH CHEDDAR CHEESE AND TOMATO

CLASSIC CLUB SANDWICH \$10
TOASTED BREAD LAYERED WITH GRILLED CHICKEN, CRISPY BACON, CHEESE, LETTUCE & TOMATO

GRILLED SNAPPER SANDWICH \$13
SNAPPER FILLET SERVED IN OUR OWN COCO BREAD, WITH PICKLED ONIONS, TOMATO AND MAYO

¼ GRILLED JERKED CHICKEN, WITH COCO BREAD \$16
CHICKEN MARINATED IN A TRADITIONAL JAMAICAN JERK RUB AND GRILLED

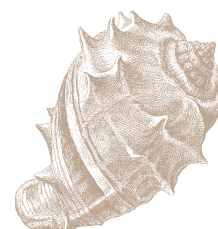


SWEETS

FRESH FRUIT PLATE \$5
ICE-CREAM \$6
DESSERT OF THE DAY PRICE VARIES

SIDE ORDERS

FRENCH FRIES \$5
COCO BREAD \$3
SAUTÉED CALLALOO \$4



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